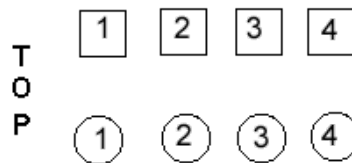


## The Mill Wheel

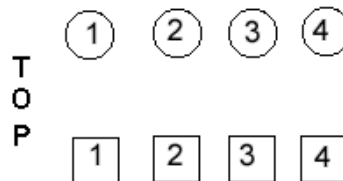
Strathspey for 4 couples with a new progression.



1-4 1st and 3rd couples dance into a right hand star between the 2s and dance half wheel to diagonally opposite places.

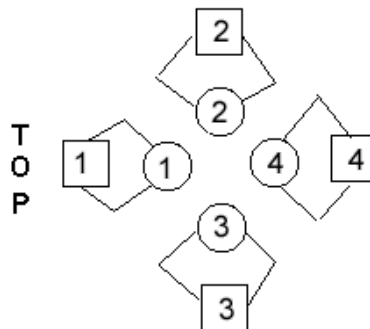
5-8 1st and 3rd men with 2nd lady, and 1st and 3rd ladies with 2nd man, dance half reels of three on the side. To start 2nd couple dance in and up, 3rd couple cast down, 1st couple cast up.

9-16 2nd, 3rd and 4th couples repeat 1-8. Finish:



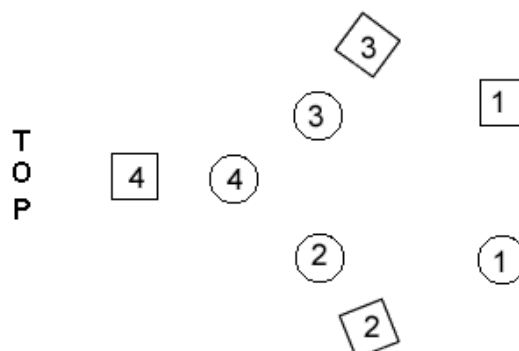
17-20 All set on sides; then 1st couple leads down middle and out between 2nd and 3rd ladies' original places. 2nd couple cast to top of dance while 4th couple lead up dance and out between 2nd and 3rd men's places followed by 3rd couple casting down.

21-24 1st and 4th couples lead to end of dance (4s to foot) while 2s and 3s lead up and down middle (2 bars). All turn to finish as diagram:

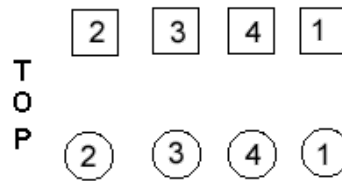


### 25-28 The Wheel

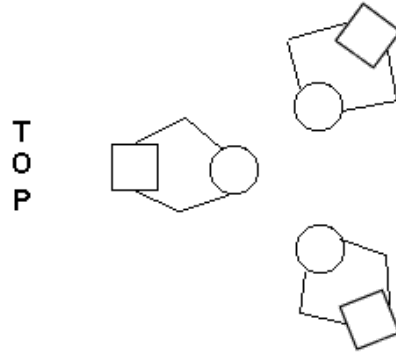
All men starting left foot and ladies right foot, all dance a half poussette. 1st couple use turn to finish at foot on own side. 2nd, 3rd and 4th couples finish:



29-32 2nd, 3rd and 4th couples dance another half poussette and use turn to fall back to:



**Note:** 29-32



In the multi-couple poussettes which form the basis of the **wheel** each couple dances as in poussette to next "point of the wheel" turning to face next point (bar 1), dance to next point (bar 2) and turn partner to form next figure.

Robert Donald 1971