## Rounds of the Kitchen (or Mitchell's Folly)

64 bar Reel : 4 couples in square set.
Music: Neil's Hornpipe
1-8 2 nd and 4 th men dance in to the centre and turn to face partners ( 2 skip change), set twice to partners and dance $3 / 4$ turn with right hands to places, while 1st and 3rd men, followed by their partners, dance clockwise round the set to original place, dancing between couples 2 and 4 as they set. Figure 1.

9-10 All four couples, with left hands joined, advance towards centre of set with men crossing partners in front of them to the next man on their left. Figure 2.

11-12 All turn new partners with right hands to finish with women on men's left.
13-16 All turn same partners with left hands $11 / 2$ times to finish with women on men's right, retaining left hands.

17-40 Repeat bars 9-16 three more times till back to original places.
41-42 Women dance righ hands across one place round to next position while the men dance anti-clockwise to next position.

43-44 Men turn new partner left hands. Figure 3.
45-56 Repeat bars 41-44 till all four couples are back in original places, finish with promenade hold.

57-62 All four couples promenade anti-clockwise round the set.
63-64 Releasing hands all dance into original places.
65-72 2nd and 4th women continue, followed by their partners, and dance anti-clockwise round the set (dancing between 1st and 3rd couples as they set) to places. At the same time 1st and 3rd women dance into the centre 2 skip change of step, turn to face partners, set twice to partners and dance $3 / 4$ turn with left hands to places.

73-74 All four couples with right hands joined advance towards centre of set, women crossing partners in front of them to the next woman on their right.

75-76 All turn new partners with left hands out to place with men on women's right.
77-80 All turn new partners with right hands $11 / 2$ times to finish with men on women's left, retaining right hands.

81-104 Repeat bars 73-80 three more times till back in original places.
105-106 Men dance left hands across one place round while the women dance clockwise to next position.

107-108 Women turn new partner with right hands.
109-120 Repeat bars 105-108 three more times to finish with all four couples facing clockwise with promenade hold (men on outside).

121-128 All four couples promenade round the set. On last bars women guide men into the centre to finish ready for bow and curtsey.


## Devised by Nan Mitchell

## Hunter Valley Book of Dances

To those of you who know John Mitchell, alias the Mitchell, the title of the dance needs no explanation, but for the un-initiated it is a fond tribute to one of the Hunter Valley characters by one of the most long-suffering of dancers - his wife. N M


