Mackay of Strathnaver

64 bar Strathspey

This dance uses a formation suitable for a demonstration on a wide, but shallow, stage.

1-4 1st and 2nd couples dance right hands across once round.

On bar 4, 1st woman and 2nd man dance in to finish back to back on a diagonal line. 3rd and 4th couples do the same.

5-8 1st and 2nd couples - and 3rd and 4th - dance a half poussette. On bar 8 all couples make an additional half turn and open out, with nearer hands joined, so that 1st couple faces 2nd and 3rd faces 4th.

9-16 1st and 2nd couples - and 3rd and 4th - dance Rondels, 1st and 3rd - going under the arch to begin. All end the Rondel by turning away from partners to finish facing diagonally in.

17-18 All dance a Petronella turn, moving one place to the right in their groups of four, dancing in towards each other on bar 17 and out again on bar 18.

19-20 All set, facing diagonally in.

21-24 All repeat 17-20.

25-28 1st and 3rd couples - and 2nd and 4th - dance half reels of four, beginning by giving right shoulders to partners.

29-32 1st and 2nd couples - and 3rd and 4th - dance four hands once round. All end facing in opposite directions in their new positions.

33-64 They repeat bars 1-32 in the opposite direction. In the Rondels 2nd and 4th couples begin by going under the arches. All finish in original starting positions.

Dance devised by Harry C. Ways (Washington, D.C.).

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