

## ST. ANDREW'S FLAG

Music: 8 times 32 bar reel.

I use this dance when introducing double triangles as most dances containing this formation have a preceding movement which results in a confused entry into double triangles.

3 couple dance. Long set.

1 - 8 1st and 2nd couples 4 hands round and back.

9-16 1st couple set once, cast off 2 places (2nd couple move up) - and lead up with nearer hands joined to finish back to back ready for double triangles, (the last skip change of step will become 2 slip steps)

17-24 Double Triangles

25-32 1st and 2nd couples rights and lefts.

Repeat from 2nd place.

**NOTE:** If this dance is being taught to very young children it can be suggested that bars:-

1 - 8 represents dancing round the flag pole.

9 -16 represents the hoisting of the flag.

17-24 is the St. Andrew's cross on the flag.

25-32 is the edge of the flag.

**St Columban Book** - Sheila Gradon.